

# The Cosmo Communicator



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## Angels of the Earth



PAUL RUNALLS

in support of

ADULTS WITH INTELLECTUAL DISABILITIES AT  
COSMOPOLITAN INDUSTRIES (COSMO)

“Give us trust, love to share, we’ll do our best, we’ll be there, don’t you worry, we know our worth, we are the Angels of the Earth.” Paul Runalls’ inspiring song for Cosmo, *Angels of the Earth*, is now available as a CD. The disc features four versions of the song, including karaoke and instrumental versions. It is available at the front office at Cosmo for \$3.00 and will make a great stocking stuffer this Christmas.

When you put a CD up for sale, it’s customary to hold a CD launch party. The party for Angels of the Earth was held on October 19<sup>th</sup> with Bev Dubois kicking off the festivities by addressing the participants in attendance. She spoke of her long relationship with Cosmo and the emotional impact that the video of the *Angels of the Earth* had on city councillors when it was played for them at a council meeting. After her comments, it was time for a dance. The DJ’s for the dance were Cosmo favourites, Pat Dubois and Cristy Beggs of The BULL 92.9 fm. Before the end of the day, our stock of CDs was depleted with participants and staff members making sure that they picked up a copy before heading home. It was an exciting day. Best of all, with our stock of CDs replenished, *Angels of the Earth* is ready for the Christmas rush.

-Ken Gryschuk  
Manager of Business Development and Community Relations

### Day of Caring

On Friday, November 2<sup>nd</sup>, United Way of Saskatoon and Area hosted their Day of Caring in the Seniors’ area.

Day of Caring is a program developed by the United Way to increase interaction between their partners. Some of these partners include members of the business community and non-profit organizations like ourselves. Both partners can benefit by experiencing volunteer opportunities together and by making a difference in our community.

The group of ten volunteers prepared, plated and served the lunch to our Seniors’ area. The delicious spaghetti lunch was followed by an afternoon full of activities. We played pin the nose on the cat, guess that song, and finished off the afternoon with some treats and a dance. I would like to take this opportunity to thank all of our United Way volunteers who put a smile on our thankful participants in the Seniors’ area. Having them here was an extremely special day!

-Chantal Gosselin  
Coordinator of Volunteer Services

### Cosmo’s Halloween Bash

October 31<sup>st</sup> was a haunting good time! Participants at Cosmo had a great time dressing up and getting in the spirit of Halloween! There was a variety of costumes from both participants and staff. A big thank you to Galon Insurance for setting up the highlight of the afternoon, the haunted house! Volunteers from Galon toured participants through the haunted house where around every corner there was a spooky surprise. As always participants had a great time at the dance letting loose and having fun! As well, thank you to everyone who decorated and dressed up!

-Maegen Urdal  
Recreation Coordinator

### Top Of The Rock Goes To Nashville

We would like to extend a gracious thank you for allowing Bev and me to take Terry Boulding, Chris Boyd, Nicole Giesbrecht, and Margaret Claypool to Tennessee from October 10- 13th 2012. In downtown Nashville we saw many museums including the Dukes of Hazzard, replica of the Parthenon, and the many country themed tourist shops around downtown Nashville for souvenir buying.

We went to Memphis to see Graceland, the home of Elvis Presley where the participants were all impressed! After spending a good portion of the day at Graceland seeing all of Elvis's property and private collections of cars, planes, music memorabilia, we still had time to buy some collectables including coffee mugs and shirts. After Graceland we went to see Sun Studios where Elvis came in off the street and recorded his first song that started his impressive career.

In Nashville we rode the General Jackson Showboat on the Cumberland River. On this impressive three hour boat ride, we had an amazing lunch followed by a variety music show. After the boat ride, we went to watch a live show of the Grand Ole Opry with performances by Bill Anderson and Roy Clark.

It was amazing and a very memorable four days. The participants took many memories and gifts back home. We would like to thank Top of the Rock for assisting us so this once in a lifetime opportunity for these participants became a reality. It won't be a trip that is soon forgotten.

*-Dave Parkalub & Bev Brassard  
Recreation Coordinator & Life Enrichment Assistant Manager*

### Cosmo Watches Hilltops Win Semifinal

Sunday October 28, 2012 was a great day for a group of participants and staff from Cosmo to go cheer on the two time national champions Saskatoon Hilltops. Our group watched them play the London Beefeaters at Gordie Bowl in the Josten Cup (Canadian Junior Football Semi Final). The group of nine (Brett Sperling, Frank Binny, Les Large, Curtis Gerwing, Stuart MacLennan, Steven Large, Todd Baduik, Paul Cory, and Keith Fisher) arrived at the Bowl for the early afternoon game ready to cheer on the Hilltops who have established a very successful legacy of being a champion team at the Junior Level.

Throughout the game we all had a great time with a cardio workout, jumping up and cheering on the Hilltops each time they scored (42 points in the first half alone)! It was a great day for warm soup after all the cheering, socializing and warm drinks such as hot chocolate.

Thank you so much to Atel Concrete for the donation of the tickets and making this day possible, and Top of the Rock as well! Everyone in attendance went home with an awesome quality of life experience to remember!

*-Keith Fisher  
Life Skills  
Training Division*



### What Comes To Mind On Remembrance Day In Seniors?

Marie remembers the soldiers that died.

Marjorie thinks about relatives who passed.

Mary Ann prays for friends and family.

Merilynn wears a poppy.

Frank bought a poppy to remember those that fought for our country.

Renee is thankful for the freedom we enjoy.

### Transportation for Extreme Weather

With the cold weather fast approaching, this is a reminder about transportation for extreme weather. When the actual temperature reaches  $-30^{\circ}\text{C}$ , or the windchill factor reaches  $-48^{\circ}\text{C}$ , all wheelchair runs will be cancelled. This includes Cosmo wheelchair vans and First Student will not operate the lift on its wheelchair and Combo buses.

First Student will operate their ambulatory buses during these temperatures.

Cosmo will continue to remain open and participants may choose not to attend if they feel the weather is too cold.

*-Denise Young  
Program Director*



**Baby Profile**

Name: Maksym Peter Fedir Helmke  
 Born: November 8th 2012  
 Weight: 8 lbs, 5 oz  
 Length: 20"



Congratulations to Roberta and Kelly on the birth of your son!

**New Staff**

Melchor Homitano—Casual ONP  
 Michelle Wolfe—Term Pathways  
 Arentxa Lemus—Term Pathways  
 Brittany Kent—Term Life Skills

**Staff Changes**

Cheryl Fraser—Full Time Life Skills  
 Sheelagh McKay—Casual  
 Melvyn De Castro—Casual  
 Verget Mata—Full Time Personal Supports  
 Robin Chamberlain—Full Time Pathways

**Leaving**

Kate Uffelman  
 Blake MacGowan  
 Lisa Currie  
 Nichol Krelow  
 Keith Ollenberger

**COSMO CHRISTMAS PARTY REMINDER**

Our annual Christmas Party for **participants only** will be on Friday December 7th.

Combo/Wheelchair Bus passengers will be picked up 1.5 hours later than usual and drop off time will be 30 minutes later than usual.

Buses will pick up passengers 2.5 hours later than usual, no change in drop off time.

City bus travelers plan to arrive at Cosmo for 11:30 am.  
 Private travelers plan to arrive at Cosmo for 11:30 am.

**\*Please be sure to dress up!**  
 If you have any questions, please call Helen at 664-3158.



Blades fans from Cosmo would like to extend a special Thank You to the Saskatoon Co-Op for their donation of Blades jerseys, t-shirts and caps. Darryl Beaudry, seen above, enjoys wearing his Blades clothing to the games.

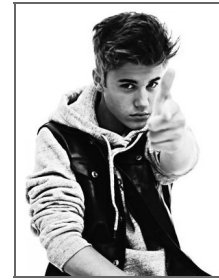
**For Sale**  
**Electronic Scooter-**  
**\$1000.00**

Please contact 374-5568 for further information.

**THANK YOU GALON INSURANCE FOR THE AMAZING HAUNTED HOUSE!**

**YOUR GENEROSITY IS TRULY APPRECIATED!!**

**Bieber fever is invading Cosmo!**



**Pathways is presenting a play called "A Bieber Christmas"**

The premiere opening will be on Friday, December 14 from 10:30-11:30 a.m.

Everyone is welcome to attend.

Thank you to our SIAST Nursing Students for all of their hard work and sincerity.

From everyone here at Cosmo we wish you luck in your future endeavors!!

- Lisa Sutherland
- Meaghan Skwark
- Sarah Martin
- Melissa Thibault
- Rainie Xiang
- Jacquleen Leeming
- Kelsey Twedde
- Becky Stasiuk
- Jessica Gray
- Lauren Gelowitz

**Annual Christmas Bake Sale and Craft Sale**

When: Thursday, December 13th 2012  
 Time: 10:00 am—3:00 pm  
 Where: Pathways Area

A silent auction will also be available.

- \*Donations will be accepted in the morning.
- \*Donations for the silent auction are also welcome.